

U.G. 4th Semester Examination - 2020

SANSKRIT

[HONOURS]

[Skill Enhancement Course (SEC)]

Course Code : SANH-SEC-T-02

Full Marks : 40

Time : 2 Hours

The figures in the right-hand margin indicate marks.

Candidates are required to give their answers in their own words as far as practicable.

1. Answer any **five** of the following questions:

2×5=10

- What is the definition of Seasonality (ऋतुसात्म्यम्)?
- What are effects of Northern Solstice (आदानकालः) of Sun on the human body?
- Mention the name of the writers of these two books:
रुग्निश्चयः, चिकित्साविज्ञानम्।
- What is meant by हंसोदकः?
- When does a person become weak (हीनबलः)?

- Mention the names of the seasons at the period of Northern Solstice (उत्तरायणम्) and Southern Solstice (दक्षिणायनम्) of Sun.
- What is the name of the sixth Chapter of *Carakasamhitā*? Which matter is mainly discussed in this chapter?
- Name the two books attributed to *Aświnikumāras*.

2. Answer any **four** of the following questions:

5×4=20

- Describe the diet and regimen (आहारविहारौ) for Rainy Season (वर्षा).
- What are the major differences between Fall Winter (हेमन्तः) and Late Winter (शिशिरः) Season according to *Carakasamhitā*?
- Write a short note on:
Suśrutasamhitā
OR
Aṣṭaṅgahr̥daya
- Describe the contribution of *Caraka* in the field of Indian Medicine.

- e) Explain with the context:
आदावन्ते च दौर्बल्यं विसर्गादानयोर्नृणाम्।
मध्ये मध्यबलस्वन्ते श्रेष्ठमग्रे च निर्दिशेत्।
- f) Explain with the context:
विसर्गे पुनर्वायवो नातिरुक्षाः प्रवान्ति इतरे पुनरादाने।
सोमश्चाव्याहतो बलः शिशिराभिर्भाभिरापूरयन्
जगदाप्याययति शश्चदतो विसर्गो सौम्यः॥
- g) Mention and describe the contents of eight *sthānas (adhyāyas)* of *Carakasamhitā*.

3. Answer any **one** of the following questions:

10×1=10

- a) Describe the origin history of Indian Medicine.
What are the eight-fold *tantra* of *Aṣṭāṅga Āyurveda*? Define thoroughly. 5+5
- b) To which Veda does *Āyurveda* belong? Who is mentioned as the father of Indian Medicine?
Describe the history of Indian Medicine in pre-*caraka* period with special reference to the two schools of *Āyurveda*: *Dhanwantari* and *Punarvasu*. 1+1+4+4
- c) Describe broadly the suitable diet and regimen (आहारबिहारौ) for Late Winter Season (शिशिरः) and Summer Season (ग्रीष्मः). 5+5